Jackson Students and families, this is to structure your time during distance learning. Please feel free to make a copy and move things around to fit your needs and your family's schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am 10:00am 11:00am	Check in on LA/SS block Google Classroom  Stretch/move Join class meeting or Do assignment(s)  Take a break, get some water  Join class meeting or Do assignment(s)	Check in math and science Google classroom  Stretch/move  Join class meeting or  Do assignment(s)  Take a break, get some water  Join class meeting or  Do assignment(s)	Check in on LA/SS block Google Classroom Stretch/move Join class meeting or Do assignment(s) Take a break, get some water Join class meeting or Do assignment(s)	Check in Math and science Google classroom  Stretch/move  Join class meeting or  Do assignment(s)  Take a break, get some water  Join class meeting or  Do assignment(s)	Check classrooms for meetings and/or Office Hours  Stretch/move  Join meetings/office hours or  Do assignment(s)
TO DO LIST:					
12:00pm	Lunch time Get outside	Lunch time Get outside	Lunch time Get outside	Lunch time Get outside	Lunch time Get outside
1:00pm 2:00pm 3:00pm 4:00 pm	Check in on Elective classrooms: Music, Art, Shop, STEAM, ELD  Join class meeting or Do assignment(s)  Stretch/move, take a break, get some water  Join class meeting or Do assignment(s)	Check in on Elective classrooms: PE/Health, Drama, Spanish Join class meeting or Do assignment(s) Stretch/move, take a break, get some water Join class meeting or Do assignment(s)	Check in on Elective classrooms: Music, Art, Shop, STEAM, ELD  Join class meeting or  Do assignment(s)  Stretch/move, take a break, get some water  Join class meeting or  Do assignment(s)	Check in on Elective classrooms: PE/Health, Drama, Spanish  Join class meeting or Do assignment(s)  Stretch/move, take a break, get some water  Join class meeting or Do assignment(s)	Join Office Hours or Do assignment(s) Take a break, get some water Stretch/move
TO DO LIST:					